

Food for thought





Welcome

At the EICC we appreciate how important our culinary offer is to our guests' experience. We strive, always, to ensure that everyone who attends an event here feels truly welcomed and enjoys the best of Scottish Hospitality.

Our new menu offerings are based on local, seasonal produce as our team reviews the supply chain to be as sustainable as possible.

This new approach has meant the move to a more dynamic menu, which changes more frequently to reflect what is seasonal and available locally. Meanwhile, EICC Nourish is continuing to explore measures to reduce food waste and move towards a circular economy.







Our climate promise

It's undeniable that the climate emergency is the biggest challenge of our lifetime, and with the global food system accounting for 30% of greenhouse gas emissions, we know we must act fast.

As part of Levy UK it's our goal to be Net Zero by 2027, and we have a plan to get there – a plan we're calling our recipe for change.

i find out more



We're using local and seasonal ingredients

EICC Nouris

Our sustainable food strategy pledges to use 80% locally sourced seasonal produce. Many of our suppliers are based within 100 miles of Edinburgh which supports our aspirations of delivering a lower carbon menu. Here are just a few.



Our climate interventions

We all have a responsibility to reduce our carbon footprint. As a world-class venue we are prioritising better outcomes for our clients, our community, and our environment.



Pledging to use 80% locally sourced seasonal produce



Taking a plant-forward approach to our menus



Making lower impact protein ingredient switches



Only serving Rain-forest alliance and Fairtrade certified products

Using quality local producers with high welfare standards



Redirecting unused non-perishable food to local charity



Targeted action to reduce food waste



Targeted action to reduce energy consumption across our operation



Where food and climate targets meet

Low

Very Low

Making environmental measurements and reduction easier to achieve, all of our food has a climate tag measuring the carbon per dish.

> **Medium** Carbon Footprint

> > 1.42

kg CO2e / serving

High





Day packages

Your guests will enjoy breaks throughout the day to fit in with your scheduled programme. At lunchtime they will enjoy our delicious fork buffet designed to be a balanced, filling meal, all options are accompanied by Breadwinner Bakery Bread.

The cold options will be laid out on catering stations, served to your delegate, the hot options will be served from a casserole dish, allowing for a fast service and more networking time.

PLEASE SELECT 3 HOT OPTIONS OR COLD OPTIONS

DDR OPTION 1

Arrival: Tea, coffee and mini pastries

Morning Break: Tea and coffee & biscuits

Lunch: Pick a cuisine of your choice, then select three main options and one side, bread and a choice of garnishes are included for your guests to enjoy.

Afternoon Refreshment: Tea, coffee & biscuit

DDR OPTION 2

Upgraded from option 1 with a green leaf salad with lunch and a cake bite



DDR OPTION 3

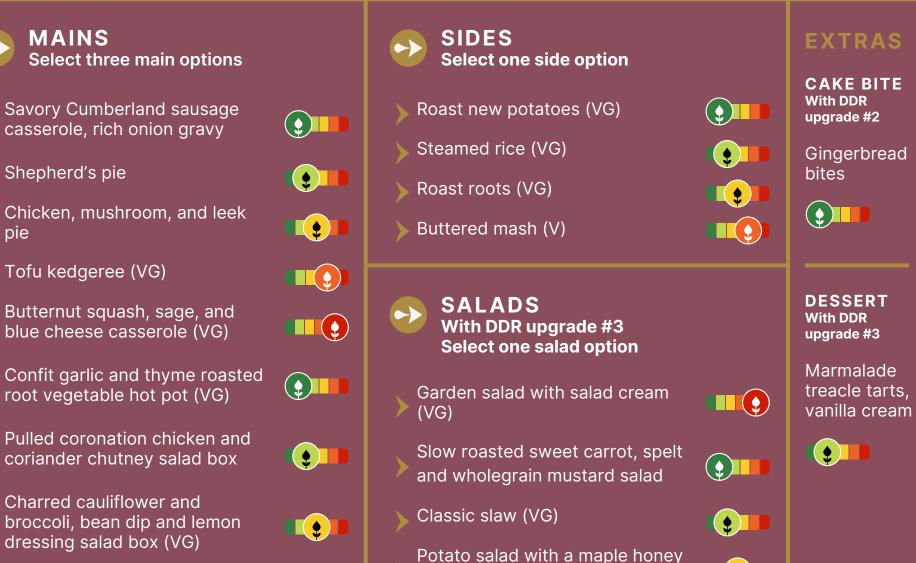
Upgraded from option 2 with an accompanying salad of your choice and a dessert





pie

} British Cuisine <u>Served with bread and a choice of garnishes for your guests to enjoy</u>



dressing (VG)

EICC Nouris

 (\bigstar) **MOROCCAN CUISINE**

Select one side option

Couscous with raisins and

Garlic and herb roasted

Cheese and herb mash (V)

SIDES

almonds (VG)

potatoes (VG)

Spiced rice pilaf (VG)

<u>Served with bread and a choice of garnishes for your guests to enjoy</u>



MAINS Select three main options

- Baked harissa hake chermoula crumb

Ras el hanout meatball tagine

Slow cooked venison with honey, almond and raisins

- Harira' lentil and chickpea stew (VG)

Zaalouk and crispy curd bake (VG)

All spice cauliflower tagine with garlic yoghurt (VG)

Tahini aubergine, vine leaves crispy fava beans and cucumber yoghurt - salad box (VG)

Honey harissa shredded lamb, quinoa, zaatar labneh salad box











SALADS With DDR upgrade #3 Select one salad option

Moroccan green salad (VG)

Anise ginger and chilli roasted carrot and orange salad (VG)





Cardamom glazed olive oil cake bites

EXTRAS

CAKE BITE

With DDR

upgrade #2



DESSERT With DDR upgrade #3

Almond set creams with clove and ginger spiked raisins (VG)





ITALIAN CUISINE Served with bread and a choice of garnishes for your guests to enjoy



MAINS Select three main options

- Pork and fennel stew
- Tuscan venison stew (reposo)
- Wild mushroom ragu with crisp polenta croutons (VG)
- 'Ribollita style casserole (VG)
- Baked orzo with pea, spinach and pecorino (V)
- Chicken panzanella with farro salad box
- Chicken Romana

Red rice, mozzarella, spinach and green olive tapenade. Grilled bread croutons salad box (V)

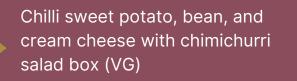


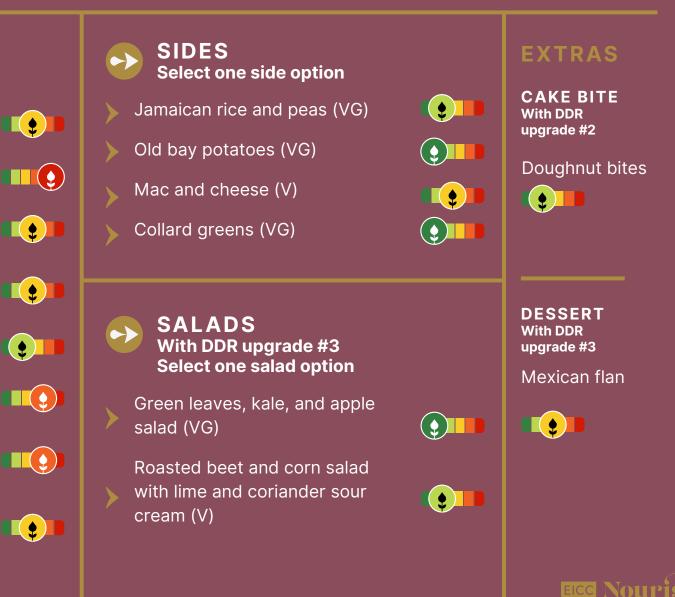
AMERICAS CUISINE Served with bread and a choice of garnishes for your guests to enjoy



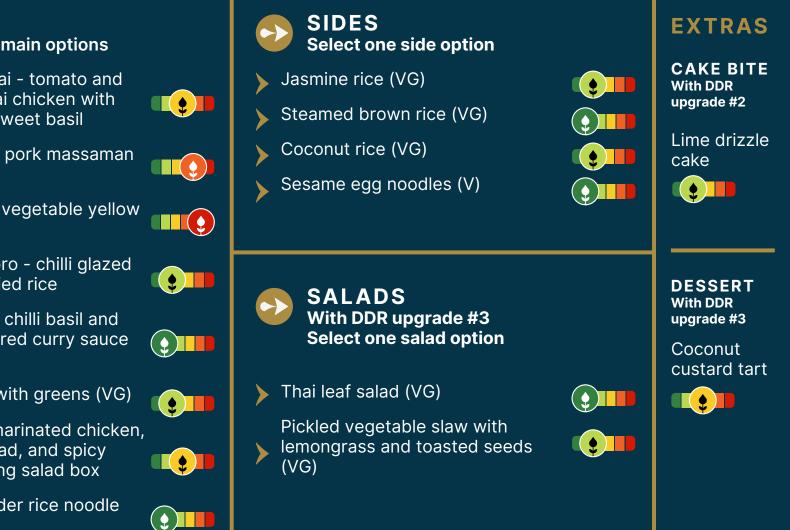
MAINS Select three main options

- Louisiana jambalaya with spiced coley and prawn
- Jerk venison curry
- Smokey molasses slow cooked pork
- Marinara eggplant parmesan (V)
- Porotos Granados (VG)
- Oregano and chill provolone and bean stew (VG)
- Chicken and bacon cobb salad box





THAI CUISINE Served with bread and a choice of garnishes for your guests to enjoy





MAINS Select three main options

- Gaeng Daeng Gai tomato and coconut red Thai chicken with aubergine and sweet basil
- Ginger and chilli pork massaman curry
- Market fish and vegetable yellow currv
- Khao pad sapporo chilli glazed pineapple stir fried rice
- Red pepper and chilli basil and chilli jackfruit in red curry sauce (VG)
- Thai curry tofu with greens (VG)
 - Lime and chilli marinated chicken, crunchy veg salad, and spicy tamarind dressing salad box



Mint and coriander rice noodle salad box (VG)

EICC Nouris

INDIAN CUISINE
Served with bread and a choice of garnishes for your guests to enjoy

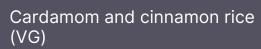


MAINS Select three main options

- Spiced yoghurt and almond chicken korma
- 🕨 Lamb keema
- Saag gosht Punjabi beef and spinach curry
- Paneer masala vindaloo (VG)
- Sweet potato, and green pepper jalfrezi (VG)
- Samosa chaat
- Tikka chicken salad box
- Beetroot garlic and ginger lentil salad box (VG)







- Bombay potatoes (VG)
- Spinach potatoes (VG)

SALADS With DDR upgrade #3 Select one salad option

Kachumber salad (VG)

Spiced chaat and roasted aubergine salad (V)



EXTRAS

CAKE BITE With DDR upgrade #2

Lemon cake with pistachio cream cheese frosting



DESSERT With DDR upgrade #3

Set cream with rose syrup







EICC Nourish The Exchange, Edinburgh, EH3 8EE, Scotland

w: <u>eicc.co.uk</u>
t: +44 (0) 131 300 3000
e: <u>Nourish@eicc.co.uk</u>

