

KICK START THE DAY!

Fire up the brain with a nutritious and well balanced start to the day. A selection of both hot and cold options to keep you fuelled until lunch time.



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Leith's
AT THE EICC

WARM SAVOURY ROLLS

Portobello mushroom and tomato wrap VG

0.2
kg CO₂e

Ayrshire sweet, cured bacon

0.5
kg CO₂e

Scrambled free-range egg V

0.4
kg CO₂e

Spiced scrambled tofu and tomato roll VG

0.2
kg CO₂e

Organic Calva brie and tomato
filled croissant V

0.7
kg CO₂e

Ayrshire cured ham and cheddar
cheese filled croissant

1.2
kg CO₂e

Served with freshly brewed coffee and a
selection of teas



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SWEETER OPTIONS

Muffins **v**

 0.1
kg CO₂e




Freshly baked mini pastries

 0.2
kg CO₂e

Scottish oat and fruit bite **VG**

 0.1
kg CO₂e

Honey yoghurt topped with granola
and your choice of:

- Apple compote with elderflower  0.5
kg CO₂e
- Rhubarb compote  0.4
kg CO₂e
- Plum compote porridge with
heather honey **v**  0.4
kg CO₂e

Seasonal fruit pots **VG**

 0.1
kg CO₂e

WEE BREAKFAST BOWLS

Porridge made with milk, a wee pinch of salt,
caramelised apple and toasted hazelnuts **v**

 0.2
kg CO₂e

Waffles with either Ayrshire bacon and
golden syrup or spiced roast apple and
golden syrup

 0.4
kg CO₂e

Smoked haddock hash, sweetcorn, spinach,
diced sauté potatoes, hollandaise or lime
crème fraîche

 0.3
kg CO₂e

Pulled oats and beans with diced potatoes,
wilted spinach and sauteed mushrooms **VG**

 0.3
kg CO₂e

Veggie scrambled egg, roast flat mushroom,
blistered cherry tomato, hash brown or
veggie haggis **v**

 0.7
kg CO₂e

Full Scottish in a bowl - Highland sausage,
scrambled egg, mushrooms, hash brown and
blistered cherry tomato

 0.7
kg CO₂e

