KICK START THE DAY

Fire up the brain with a nutritious and well balanced start to the day A selection of both hot and cold options to keep you fuelled until lunch time.





WARM SAVOURY ROLLS

Portobello mushroom and tomato wrap vo





Ayrshire sweet, cured bacon



Scrambled free-range egg v



Spiced scrambled tofu and tomato roll vo



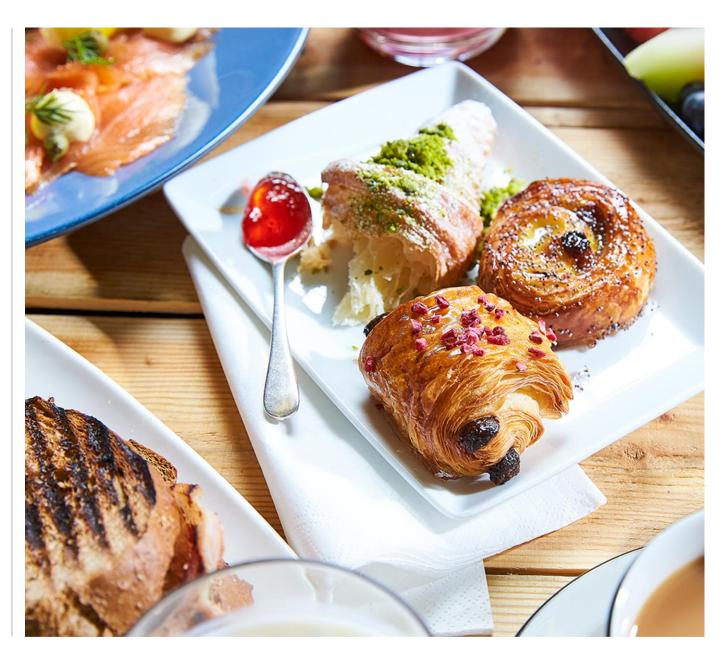
Organic Calva brie and tomato filled croissant v



Ayrshire cured ham and cheddar cheese filled croissant



Served with freshly brewed coffee and a selection of teas



AT THE EICC

SWEETER OPTIONS

Muffins v

0.1

Freshly baked mini pastries



Scottish oat and fruit bitevo



Honey yoghurt topped with granola and your choice of:

• Apple compote with elderflower 0.5



• Rhubarb compote 0.4

• Plum compote porriage with heather honey v 0.4

Seasonal fruit pots vo



WEE BREAKFAST BOWLS

Porridge made with milk, a wee pinch of salt, caramelised apple and toasted hazelnuts v



Waffles with either Ayrshire bacon and golden syrup or spiced roast apple and golden syrup



Smoked haddock hash, sweetcorn, spinach, diced sauté potatoes, hollandaise or lime crème fraîche



Pulled oats and beans with diced potatoes, wilted spinach and sauteed mushrooms



Veggie scrambled egg, roast flat mushroom, blistered cherry tomato, hash brown or veggie haggis v



Full Scottish in a bowl - Highland sausage, scrambled egg, mushrooms, hash brown and blistered cherry tomato



